



Friendship Line

The Friendship Line is a telephone counseling and outreach program that is open to adults 60 and over. This is a free service available 24 hour a day 7 days a week and provides crisis and support for seniors needing to talk for any reason. The Friendship Line is a service of the Institute on Aging Center for Elderly Suicide Prevention and provides compassionate counseling, assessment and crisis intervention. Call the Friendship Line Toll-Free at (800) 971-0016.

HeartLine is a local resource for seniors needing support – HeartLine has trained staff who can address issues and provide support and referral information for issues like economic stress, isolation, grief or thoughts of suicide: Call 1-800-273-TALK.