

MEETING REPORT

Oklahoma Mental Health & Aging Coalition

Meeting Place: Areawide Aging Agency

Meeting Date: December 10, 2009

Attendance: Karen Orsi, Patty, Porter, Terri Thornhill, Catheryn Koss, Sandra Thayer, Kathleen Borland, Jean Wood, Berry Phillips, Marge Jantzen

Recorder: Patty Porter

| Agenda Item | Discussion/Conclusion | Recommendation/Action | Evaluation/Follow-up |
|-------------------------|---|---|----------------------|
| Welcome & Introductions | All attendees introduced themselves | | |
| Past Meeting Report | Report accepted | | |
| First 30 minutes | <p>Devoted to discussion of depression screenings.....</p> <p>Catheryn needs help with clients who may need mental health services...do we have people to meet with her & send a follow-up card? Terri suggested adding on the form...."can we call you in a couple of weeks just to see how things are going?"</p> | <ol style="list-style-type: none"> 1. Provide a series of screenings because of stigma 2. Possibility of doing screenings at health fair at State Conference on Aging (free Senior Day) May 18th (Tulsa) 3. Train people to do this in their daily interactions....on the job 4. Keep education part of it – how do we re-package it? 5. Screening at coalition conference....connect with suicide tool kit 6. LTC-ombudsman...they interact with elderly all the time....need training 7. What is the goal of our screening? 8. Talking to seniors at senior centers at lunch? 9. Other suggestions....PAC TEAM, OATR, faith-based 10. What's our focus? Possibly ID 6 facilities, connect with Catholic Charities, parish nurses, tie into blood pressure screenings at St. Paul's | |

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| | | Cathedral, Mayflower, Unitarian.... 11. Where do seniors go? Is it Free, Accessible, make it "WELLNESS" 12. Make connections with contact, date, facility and are rooms close? Where people can get to therapy room easily. 13. possible break out session at caregiver conference 14. Laurel said she can handle metro area as a therapist and helping to coordinate therapists (not El Reno). | |
| Director's Report | Innovative Initiative Update – During the bad economy is a time where people are more open to innovation – Jeff Tallent's article: our state is making "Sophie's Choice".....this is our opportunity to make connections. OALA Applications – Karen has these, the deadline has been extended....it requires a commitment, once a month, Friday evening & all day Saturday for 10 months. Poison Control – Information is Senior Focused & includes pets. NAMI spent \$25,000 for a stigma survey and Oklahomans have said, no, it's not a problem. So....the idea of stigma is not as heavy as we thought. | Shannon Holcombe – Poison Control Center, 1-800-222-1222 | If you know of anyone else in the state interested in mental health....get them as affiliates |
| Announcements | Stand Up for Seniors – January 12 th -OKC ODMHSAS Conference – Norman – Jan 27-29 | | |

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| | COA Conference – Norman – Wellness Through Community – Mar 4-5 ASA/NCOA – Aging in America – Chicago – Mar 15-19 Minority Aging Conf – OKC – Mar 24- 26 The Art of Aging – Tulsa – May 18-20 | | |
| Next Meeting | Next year.....January 14, 2010, 1:30pm, Areawide Aging Agency, 4101 Perimeter Center Dr, Ste. 310, OKC | | |
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